

MARCH

Intermediate

MONDAY - 1	TUESDAY - 2	WEDNESDAY - 3	THURSDAY - 4	FRIDAY - 5
<i>Sweet 'n' Sour Chicken</i> <i>BBQ Beef Sandwich</i>	<i>Pepperoni Pizza</i> <i>Steak Fingers</i>	<i>Crispitos</i> <i>Hot Ham & Cheese Hoagie</i>	<i>Chicken Strips</i> <i>Twin Beef Tacos</i>	<i>Fish Sticks</i> <i>Hot Dog</i>
VEGETABLE: Steamed Rice Mixed Vegetables Diced Pineapple Assorted Fresh Fruit	VEGETABLE: Pinto Beans Tossed Salad Sliced Pears Assorted Fresh Fruit	VEGETABLE: Spanish Rice French Fries Fruit Cocktail Assorted Fresh Fruit	VEGETABLE: Mashed Potatoes Steamed Broccoli Diced Peaches Assorted Fresh Fruit	VEGETABLE: Corn Ranch Style Beans Cinnamon Applesauce Assorted Fresh Fruit
	SALAD: Chef		SALAD: Grilled Chicken	
BREAKFAST <i>Sausage Biscuit</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Breakfast Pizza</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Waffles 'n' Sausage</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Chicken Biscuit</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Breakfast Pocket</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>
MONDAY - 8	TUESDAY - 9	WEDNESDAY - 10	THURSDAY - 11	FRIDAY - 12
<i>Soft Beef Tacos</i> <i>Chicken Nuggets</i>	<i>Cheeseburger</i> <i>Ravioli</i>	<i>Chicken & Cheese Sandwich</i> <i>Pizza</i>	<i>Chicken Spaghetti</i> <i>Toasted Ham & Cheese</i>	<i>Sloppy Joe</i> <i>Fish Fillets</i>
VEGETABLE: Pinto Beans Glazed Carrots Sliced Apples Assorted Fresh Fruit	VEGETABLE: French Fries Green Beans Fruit Cocktail Assorted Fresh Fruit	VEGETABLE: Mac & Cheese Carrot Sticks w/Ranch Apricots Assorted Fresh Fruit	VEGETABLE: Blanched Broccoli w/Ranch Tossed Salad Rosy Applesauce Assorted Fresh Fruit	VEGETABLE: Ranch Style Beans Mashed Potatoes w/Gravy Sliced Peaches Assorted Fresh Fruit
	SALAD: Crispy Chicken		SALAD: Chef	Holiday Ice Cream
BREAKFAST <i>Donut Holes</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>French Toast Sticks</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Scrambled Eggs & Ham</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Breakfast Burrito</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Donuts</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>
MONDAY - 15	TUESDAY - 16	WEDNESDAY - 17	THURSDAY - 18	FRIDAY - 19
<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>
No School	No School	No School St. Patrick's Day	No School	No School
MONDAY - 22	TUESDAY - 23	WEDNESDAY - 24	THURSDAY - 25	FRIDAY - 26
<i>Toasted Turkey & Cheese</i> <i>Spaghetti w/Meat Sauce</i>	<i>Mac & Cheese w/Ham</i> <i>Chicken Nuggets</i>	<i>Spicy Chicken Sandwich</i> <i>Ravioli</i>	<i>Cheeseburger</i> <i>Steak Fingers</i>	<i>Pizza</i> <i>Fish Sticks</i>
VEGETABLE: Blanched Broccoli w/Ranch French Fries Sliced Apples Assorted Fresh Fruit	VEGETABLE: Tossed Salad Normandy Mixed Vegetables Fruit Cocktail Assorted Fresh Fruit	VEGETABLE: Glazed Carrots Corn Apricots Assorted Fresh Fruit	VEGETABLE: Mashed Potatoes Broccoli w/Cheese Rosy Applesauce Assorted Fresh Fruit	VEGETABLE: Coleslaw Tossed Salad Sliced Peaches Assorted Fresh Fruit
	SALAD: Chef		SALAD: Grilled Chicken	
BREAKFAST <i>Donut Holes</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>French Toast Sticks</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Scrambled Eggs & Ham</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Breakfast Burrito</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Donuts</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>
MONDAY - 29	TUESDAY - 30	WEDNESDAY - 31		
<i>BBQ Beef Sandwich</i> <i>Chicken Fried Rice</i>	<i>Chicken Fajitas</i> <i>Hot Dog</i>	<i>Beef 'n' Broccoli</i> <i>Ravioli</i>		
VEGETABLE: Normandy Mixed Vegetables Green Beans Diced Pineapples Assorted Fresh Fruit	VEGETABLE: Ranch Style Beans Spanish Rice Sliced Pears Assorted Fresh Fruit	VEGETABLE: Corn Tossed Salad Fruit Cocktail Assorted Fresh Fruit		
	SALAD: Crispy Chicken			
BREAKFAST <i>Banana Nut Muffin</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Chicken Biscuit</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	BREAKFAST <i>Scrambled Eggs & Ham</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>		
West ISD Food Services 801 N. Reagan St. West, TX 76691 (254)826-7504				Sweet Treats:
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Juice, *1% white, 1% chocolate & skim milk will be offered during meal service Fruit and toast will be offered with Breakfast. Fruit, vegetables and bread will be offered with lunch. Paid Breakfast \$1.25 Reduced Breakfast \$.30 Adult Breakfast \$1.50 Paid Lunch \$2.25, Reduced Lunch \$.40, Adult Lunch \$3.00				