

FEBRUARY

Intermediate

MONDAY - 1	TUESDAY - 2	WEDNESDAY - 3	THURSDAY - 4	FRIDAY - 5
<i>Sweet N Sour Chicken</i> <i>BBQ Beef Sandwich</i>	<i>Pepperoni Pizza</i> <i>Chicken Taco</i>	<i>Crispitos</i> <i>Hot Ham & Cheese Hoagie</i>	<i>Chicken Strips</i> <i>Steak Fingers</i>	<i>BBQ Rib Sandwich</i> <i>Hot Dog</i>
VEGETABLE: Steamed Rice Mixed Vegetables	VEGETABLE: Pinto Beans Tossed Salad	VEGETABLE: Spanish Rice French Fries	VEGETABLE: Mashed Potatoes Steamed Broccoli	VEGETABLE: Corn Ranch Style Beans
<i>Diced Pineapple</i> <i>Assorted Fresh Fruit</i>	<i>Sliced Pears</i> <i>Assorted Fresh Fruit</i>	<i>Fruit Cocktail</i> <i>Assorted Fresh Fruit</i>	<i>Diced Peaches</i> <i>Assorted Fresh Fruit</i>	<i>Cinnamon Apple Sauce</i> <i>Assorted Fresh Fruit</i>
	SALAD: Chef Salad		SALAD: Crispy Chicken	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
<i>Sausage Biscuit</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Breakfast Pizza</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Waffles n Sausage</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Chicken Biscuit</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Breakfast Pocket</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>
MONDAY - 8	TUESDAY - 9	WEDNESDAY - 10	THURSDAY - 11	FRIDAY - 12
<i>Soft Beef Tacos</i> <i>Chicken Nuggets</i>	<i>Hamburger</i> <i>Ravioli</i>	<i>Chicken & Cheese Sandwich</i> <i>Pizza</i>	<i>Cheese Burger</i> <i>Toasted Ham & Cheese</i>	<i>Sloppy Joe</i> <i>Spicy Chicken Sandwich</i>
VEGETABLE: Sweet Potatoes Glazed Carrots	VEGETABLE: Tossed Salad Green Beans	VEGETABLE: Corn on the Cob Green Peas	VEGETABLE: Blanched Broccoli w/Ranch French Fries	VEGETABLE: Ranch Style Beans Mashed Potatoes W/ Gravy
<i>Sliced Apples</i> <i>Assorted Fresh Fruit</i>	<i>Fruit Cocktail</i> <i>Assorted Fresh Fruit</i>	<i>Apricots</i> <i>Assorted Fresh Fruit</i>	<i>Rosy Apple Sauce</i> <i>Assorted Fresh Fruit</i>	<i>Sliced Peaches</i> <i>Assorted Fresh Fruit</i>
	SALAD: Crispy Chicken		SALAD: Chef Salad	<i>Valentine's Ice Cream</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
<i>Donut Holes</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>French Toast Sticks</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Scrambled Eggs & Ham</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Breakfast Burrito</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Donuts</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>
MONDAY - 15	TUESDAY - 16	WEDNESDAY - 17	THURSDAY - 18	FRIDAY - 19
<i>No School</i> <i>Staff Development</i>	<i>Chicken Strips</i> <i>Grilled Cheese Sandwich</i>	<i>Hot Dog</i> <i>Fish Sticks</i>	<i>Spaghetti w/ Meat Sauce</i> <i>Chicken Nuggets</i>	<i>Pizza</i> <i>Tuna Salad Sandwich</i>
	VEGETABLE: Mashed Potatoes Steamed Broccoli	VEGETABLE: Tossed Salad French Fries	VEGETABLE: Mac 'N' Cheese Mixed Vegetables	VEGETABLE: Corn Tossed Salad
	<i>Sliced Pears</i> <i>Assorted Fresh Fruit</i>	<i>Fruit Cocktail</i> <i>Assorted Fresh Fruit</i>	<i>Diced Peaches</i> <i>Assorted Fresh Fruit</i>	<i>Cinnamon Apple Sauce</i> <i>Assorted Fresh Fruit</i>
	SALAD: Chef Salad		SALAD: Crispy Chicken	
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	<i>Breakfast Pizza</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Waffles n Sausage</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Chicken Biscuit</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Breakfast Pocket</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>
MONDAY - 22	TUESDAY - 23	WEDNESDAY - 24	THURSDAY - 25	FRIDAY - 26
<i>Toasted Turkey & Cheese</i> <i>Corn Dog</i>	<i>Mac & Cheese W/ Ham</i> <i>Chicken Nuggets</i>	<i>Spicy Chicken Sandwich</i> <i>Ravioli</i>	<i>Cheese Burger</i> <i>Steak Fingers</i>	<i>Pizza</i> <i>Fish Sticks</i>
VEGETABLE: Blanched Broccoli w/Ranch French Fries	VEGETABLE: Tossed Salad Normandy Mixed Vegetables	VEGETABLE: Glazed Carrots Corn	VEGETABLE: Mashed Potatoes Broccoli w/Cheese	VEGETABLE: Coleslaw Tossed Salad
<i>Sliced Apples</i> <i>Assorted Fresh Fruit</i>	<i>Fruit Cocktail</i> <i>Assorted Fresh Fruit</i>	<i>Apricots</i> <i>Assorted Fresh Fruit</i>	<i>Rosy Apple Sauce</i> <i>Assorted Fresh Fruit</i>	<i>Sliced Peaches</i> <i>Assorted Fresh Fruit</i>
	SALAD: Crispy Chicken		SALAD: Chef Salad	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
<i>Donut Holes</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>French Toast Sticks</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Scrambled Eggs & Ham</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Breakfast Burrito</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>	<i>Donuts</i> <i>Assorted Low Sugar Cereal</i> <i>Fruit, Juice or Milk</i>
West ISD Food Services 801 N. Reagan St. West, TX 76691 (254)826-7504				Sweet Treats:
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Juice, *1% white, 1% chocolate & skim milk will be offered during meal service				
Fruit and toast will be offered with Breakfast. Fruit, vegetables and bread will be offered with lunch.				
Paid Breakfast \$1.25 Reduced Breakfast \$.30 Adult Breakfast \$1.50				
Paid Lunch \$2.25, Reduced Lunch \$.40, Adult Lunch \$3.00				