

MARCH

High School

MONDAY - 1	TUESDAY - 2	WEDNESDAY - 3	THURSDAY - 4	FRIDAY - 5
<i>Beef Stroganoff over Noodles</i>	<i>Chicken Strips</i>	<i>Chicken, Cheese and Rice Casserole</i>	<i>Pepperoni Pizza Sausage Pizza</i>	<i>Smothered Chicken Patty w/Rice</i>
VEGETABLE: Normandy Mix Vegetables Tator Tots	VEGETABLE: Corn Mashed Potatoes w/Gravy	VEGETABLE: Steamed Broccoli Green Beans	VEGETABLE: Tossed Salad Corn on the Cob	VEGETABLE: Broccoli & Cheese Green Peas
Diced Pineapple <i>Assorted Fresh Fruit</i>	Sliced Pears <i>Assorted Fresh Fruit</i>	Fruit Cocktail <i>Assorted Fresh Fruit</i>	Diced Peaches <i>Assorted Fresh Fruit</i>	Sliced Apples <i>Assorted Fresh Fruit</i>
<i>Chicken Burrito</i> <i>Hamburger</i> <i>Chicken Spaghetti</i>	<i>Chicken Fajitas</i> <i>Country Steak Sandwich</i> <i>Spaghetti w/Meat Sauce</i>	<i>Twin Beef Tacos</i> <i>Corn Dog</i> <i>Ravioli</i>	<i>Taco Soup</i> <i>Turkey & Cheese Hoagie</i> <i>Tuna Salad Sandwich</i>	<i>Cheese Enchiladas</i> <i>BBO Beef Sandwich</i> <i>Italian Chicken Wrap</i>
SALAD: Crispy Chicken <i>Beef 'n' Broccoli</i>	SALAD: Chef <i>Sweet 'n' Sour Meatballs</i>	SALAD: Grilled Chicken <i>Chicken Fried Rice</i>	SALAD: Taco <i>Orange Chicken</i>	SALAD: Chef <i>Cajun Baked Fish</i>
BREAKFAST <i>Donut Holes</i> <i>Waffles 'n' Sausage</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Scrambled Eggs & Ham</i> <i>Banana Nut Muffin</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Sausage Biscuit</i> <i>Yogurt Parfait</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Breakfast Tacos</i> <i>Donuts</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>French Toast Sticks</i> <i>Chicken Biscuit</i> Assorted Low Sugar Cereal Fruit, Juice or Milk
MONDAY - 8	TUESDAY - 9	WEDNESDAY - 10	THURSDAY - 11	FRIDAY - 12
<i>Oven Fried Chicken</i>	<i>Pepperoni Pizza Sausage Pizza</i>	<i>Beef Stroganoff over Noodles</i>	<i>French Bread Pizza</i>	<i>Chicken Spaghetti</i>
VEGETABLE: Mashed Potatoes Corn on the Cob	VEGETABLE: Tossed Salad Italian Beans	VEGETABLE: Tossed Salad Spanish Rice	VEGETABLE: Steamed Broccoli Green Peas	VEGETABLE: Mixed Vegetables Ranch Style Beans
Diced Pineapple <i>Assorted Fresh Fruit</i>	Sliced Pears <i>Assorted Fresh Fruit</i>	Fruit Cocktail <i>Assorted Fresh Fruit</i>	Diced Peaches <i>Assorted Fresh Fruit</i>	Cinnamon Applesauce <i>Assorted Fresh Fruit</i>
<i>Cheese Quesadilla</i> <i>BBO Beef Sandwich</i> <i>Steak Fingers</i>	<i>Cheese Enchiladas</i> <i>Italian Hoagie</i> <i>Chicken Salad Sandwich</i>	<i>Crispitos</i> <i>Hot Ham & Cheese Hoagie</i> <i>Spaghetti w/Meat Sauce</i>	<i>Chicken Fajitas</i> <i>Country Steak Sandwich</i> <i>Lasagna w/Garlic Bread</i>	<i>Chicken Burrito</i> <i>Hamburger</i> <i>Fish Sandwich</i>
SALAD: Crispy Chicken <i>Beef 'n' Broccoli</i>	SALAD: Chef <i>Orange Chicken</i>	SALAD: Grilled Chicken <i>Sweet 'n' Sour Chicken</i>	SALAD: Taco <i>Sweet 'n' Sour Meatballs</i>	SALAD: Chef <i>Chicken Stir Fry</i> <i>Holiday Ice Cream</i>
BREAKFAST <i>Sausage Biscuit</i> <i>Pancake on a Stick</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Breakfast Pizza</i> <i>Blueberry Muffin</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Waffles 'n' Sausage</i> <i>Ham & Cheese on a Bun</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Chicken Biscuit</i> <i>Yogurt Parfait</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Breakfast Pocket</i> <i>Banana Muffin</i> Assorted Low Sugar Cereal Fruit, Juice or Milk
MONDAY - 15	TUESDAY - 16	WEDNESDAY - 17	THURSDAY - 18	FRIDAY - 19
<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>
No School	No School	No School <i>St. Patrick's Day</i>	No School	No School
MONDAY - 22	TUESDAY - 23	WEDNESDAY - 24	THURSDAY - 25	FRIDAY - 26
<i>Crispitos</i>	<i>Chicken Strips</i>	<i>Open Faced Turkey Sandwich w/Gravy</i>	<i>Pepperoni Pizza Sausage Pizza</i>	<i>Salisbury Steak</i>
VEGETABLE: Normandy Mix Vegetables Tator Tots	VEGETABLE: Mashed Potatoes w/Gravy Ranch Style Beans	VEGETABLE: Broccoli w/Cheese French Fries	VEGETABLE: Tossed Salad Corn on the Cob	VEGETABLE: Mashed Potatoes w/Gravy Green Beans
Sliced Apples <i>Assorted Fresh Fruit</i>	Fruit Cocktail <i>Assorted Fresh Fruit</i>	Apricots <i>Assorted Fresh Fruit</i>	Rosy Applesauce <i>Assorted Fresh Fruit</i>	Sliced Peaches <i>Assorted Fresh Fruit</i>
<i>Chicken Burrito</i> <i>Hamburger</i> <i>Chicken Spaghetti</i>	<i>Chicken Fajitas</i> <i>Country Steak Sandwich</i> <i>Spaghetti w/Meat Sauce</i>	<i>Twin Beef Tacos</i> <i>Corn Dog</i> <i>Chicken Alfredo</i>	<i>Taco Soup</i> <i>Turkey & Cheese Hoagie</i> <i>Tuna Salad Sandwich</i>	<i>Cheese Enchiladas</i> <i>Fish Fillet</i> <i>Italian Chicken Wrap</i>
SALAD: Crispy Chicken <i>Beef 'n' Broccoli</i>	SALAD: Chef <i>Sweet 'n' Sour Meatballs</i>	SALAD: Grilled Chicken <i>Generals Chicken</i>	SALAD: Taco <i>Orange Chicken</i>	SALAD: Chef <i>Sweet 'n' Sour Chicken</i>
BREAKFAST <i>Donut Holes</i> <i>Banana Nut Muffins</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Scrambled Eggs & Ham</i> <i>Poptart</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Sausage Biscuit</i> <i>Frittata</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Breakfast Tacos</i> <i>Donuts</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>French Toast Sticks</i> <i>Chicken Biscuit</i> Assorted Low Sugar Cereal Fruit, Juice or Milk
MONDAY - 29	TUESDAY - 30	WEDNESDAY - 31		
<i>Beef Stroganoff over Noodles</i>	<i>Chicken Strips</i>	<i>BBQ Chicken</i>		
VEGETABLE: Normandy Mix Vegetables Tator Tots	VEGETABLE: Corn Mashed Potatoes w/Gravy	VEGETABLE: Steamed Broccoli Green Beans		
Diced Pineapple <i>Assorted Fresh Fruit</i>	Sliced Pears <i>Assorted Fresh Fruit</i>	Fruit Cocktail <i>Assorted Fresh Fruit</i>		
<i>Chicken Burrito</i> <i>Hamburger</i> <i>Chicken Spaghetti</i>	<i>Beef Quesadilla</i> <i>BBO Beef Sandwich</i> <i>Ravioli</i>	<i>Twin Beef Tacos</i> <i>Corn Dog</i> <i>Chicken Alfredo</i>		
SALAD: Crispy Chicken <i>Generals Chicken</i>	SALAD: Chef <i>Sweet 'n' Sour Meatballs</i>	SALAD: Grilled Chicken <i>Beef 'n' Broccoli</i>		
BREAKFAST <i>Donut Holes</i> <i>Waffles 'n' Sausage</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Scrambled Eggs & Ham</i> <i>Banana Nut Muffin</i> Assorted Low Sugar Cereal Fruit, Juice or Milk	BREAKFAST <i>Sausage Biscuit</i> <i>Yogurt Parfait</i> Assorted Low Sugar Cereal Fruit, Juice or Milk		
West ISD Food Services 801 N. Reagan St. West, TX 76691 (254)826-7504				Sweet Treats:
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Juice, *1% white, 1% chocolate & skim milk will be offered during meal service Fruit and toast will be offered at Breakfast. Additional fruit, vegetables and bread will be offered at Lunch. Paid Breakfast \$1.50 Reduced Breakfast \$.30 Adult Breakfast \$1.50 Paid Lunch \$2.50, Reduced Lunch \$.40, Adult Lunch \$3.00				