

				FRIDAY - 1
<i>Winter Break No School</i>	<i>Winter Break No School</i>	<i>Winter Break No School</i>	<i>Winter Break No School</i>	<i>Winter Break No School</i>
MONDAY - 4	TUESDAY - 5	WEDNESDAY - 6	THURSDAY - 7	FRIDAY - 8
<i>Build Your Own Deli Bar</i>	<i>Pepperoni Pizza Sausage Pizza</i>	<i>Crispitos</i>	<i>Lasagna w/Garlic Bread</i>	<i>Beef Tamale Pie</i>
VEGETABLE: Assorted Baked Chips Corn	VEGETABLE: Tossed Salad Italian Beans	VEGETABLE: Tossed Salad Mashed Potatoes	VEGETABLE: Broccoli w/Cheese Green Peas	VEGETABLE: Mixed Vegetables Ranch Style Beans
<i>Assorted Fruit</i>	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>
<i>Cheese Quesadilla</i>	<i>Cheese Pizza</i>	<i>Ground Beef &amp; Spanish Rice</i>	<i>Chicken Fajitas</i>	<i>Chicken Burrito</i>
<i>BBQ Beef Sandwich</i>	<i>Italian Hoagie</i>	<i>Hot Ham &amp; Cheese Hoagie</i>	<i>Country Steak Sandwich</i>	<i>Hamburger</i>
<i>Steak Fingers</i>	<i>Chicken Salad Sandwich</i>	<i>Spaghetti w/ Meat Sauce</i>	<i>French Bread Pizza</i>	<i>Chicken Spaghetti</i>
SALAD: Hawaiian Chicken	SALAD: Chef Salad	SALAD: Crispy Chicken	SALAD: 3 Cheese	SALAD: Taco Salad
<i>Sweet 'N' Sour Chicken</i>	<i>Orange Chicken</i>	<i>Chicken Lomein</i>	<i>Sweet 'N' Sour Meatballs</i>	<i>General Chicken</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
<i>Sausage Biscuit</i>	<i>Breakfast Pizza</i>	<i>Waffles 'N' Sausage</i>	<i>Chicken Biscuit</i>	<i>Breakfast Pocket</i>
<i>Banana Nut Muffin</i>	<i>Yogurt Parfait</i>	<i>Ham &amp; Cheese on Bun</i>	<i>Pig in a Blanket</i>	<i>Banana Muffin</i>
Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal
Fruit, Juice or Milk	Fruit, Juice or Milk	Fruit, Juice or Milk	Fruit, Juice or Milk	Fruit, Juice or Milk
MONDAY - 11	TUESDAY - 12	WEDNESDAY - 13	THURSDAY - 14	FRIDAY - 15
<i>Taco Soup w/Bread Stick</i>	<i>Country Steak w/Mashed Potatoes &amp; Gravy</i>	<i>Beef Vegetable Soup w/Bread Stick</i>	<i>King Ranch Chicken</i>	<i>Pepperoni Pizza Sausage Pizza</i>
VEGETABLE: Corn	VEGETABLE: Pinto Beans	VEGETABLE: Potato Wedges	VEGETABLE: Glazed Carrots	VEGETABLE: Broccoli & Cheese
Ranch Style Beans	Broccoli w/Cheese	Tossed Salad	Green Beans	Tossed Salad
<i>Assorted Fruit</i>	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>
<i>French Bread Pizza</i>	<i>Twin Beef Tacos</i>	<i>Beef Burrito</i>	<i>Cheese Enchiladas</i>	<i>Cheese Pizza</i>
<i>BBQ Chicken Sandwich</i>	<i>Toasted Ham &amp; Cheese</i>	<i>Chicken &amp; Cheese Sandwich</i>	<i>Cheese Burger</i>	<i>Turkey &amp; Cheese Hoagie</i>
<i>Cajun Chicken Wrap</i>	<i>Ravioli</i>	<i>Chicken Alfredo</i>	<i>Italian Chicken Wrap</i>	<i>Tuna Salad Sandwich</i>
SALAD: 3 Cheese	SALAD: Chef Salad	SALAD: Crispy Chicken	SALAD: Hawaiian Chicken	SALAD: Taco Salad
<i>Sweet 'N' Sour Chicken</i>	<i>Sweet 'N' Sour Beef</i>	<i>Chicken Lomein</i>	<i>Corn Dog</i>	<i>Orange Chicken</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
<i>Donut Holes</i>	<i>French Toast Sticks</i>	<i>Scrambled Eggs &amp; Ham</i>	<i>Breakfast Burrito</i>	<i>Frittata</i>
<i>Sausage, Egg, Cheese Biscuit</i>	<i>Breakfast Taco</i>	<i>Banana Nut Muffin</i>	<i>Blueberry Muffin</i>	<i>PopTart</i>
Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal
Fruit, Juice or Milk	Fruit, Juice or Milk	Fruit, Juice or Milk	Fruit, Juice or Milk	Fruit, Juice or Milk
MONDAY - 18	TUESDAY - 19	WEDNESDAY - 20	THURSDAY - 21	FRIDAY - 22
<i>No School</i>	<i>Chicken Strips</i>	<i>Salisbury Steak</i>	<i>Pepperoni Pizza</i>	<i>King Ranch Chicken</i>
<i>Staff Development</i>	<i>w/Au Gratin Potatoes</i>	<i>w/Mashed Potatoes &amp; Gravy</i>	<i>Sausage Pizza</i>	
	VEGETABLE: Corn	VEGETABLE: Steamed Broccoli	VEGETABLE: Tossed Salad	VEGETABLE: Glazed Carrots
	Ranch Style Beans	Green Beans	Corn on the Cob	Potato Wedges
	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>
	<i>Chicken Fajitas</i>	<i>Twin Chicken Tacos</i>	<i>Cheese Pizza</i>	<i>Cheese Enchiladas</i>
	<i>Country Steak Sandwich</i>	<i>Corn Dog</i>	<i>Turkey &amp; Cheese Hoagie</i>	<i>BBQ Beef Sandwich</i>
	<i>Spaghetti w/Meat Sauce</i>	<i>Tortellini Alfredo</i>	<i>Tuna Salad Sandwich</i>	<i>Italian Chicken Wrap</i>
	SALAD: Chef Salad	SALAD: Mandarin Chicken	SALAD: Taco Salad	SALAD: Hawaiian Chicken
	<i>Sweet 'N' Sour Meatballs</i>	<i>Chicken Lomein</i>	<i>Orange Chicken</i>	<i>Corn Dog</i>
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	<i>Sausage Biscuit</i>	<i>Scrambled Eggs &amp; Ham</i>	<i>Breakfast Tacos</i>	<i>French Toast Sticks</i>
	<i>Yogurt Parfait</i>	<i>Banana Nut Muffin</i>	<i>Donuts</i>	<i>Chicken Biscuit</i>
	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal
	Fruit, Juice or Milk	Fruit, Juice or Milk	Fruit, Juice or Milk	Fruit, Juice or Milk
MONDAY - 25	TUESDAY - 26	WEDNESDAY - 27	THURSDAY - 28	FRIDAY - 29
<i>Stuppy Joe on a Bun</i>	<i>Smothered Chicken Patty</i>	<i>Chicken, Cheese &amp; Rice Casserole</i>	<i>Chicken ala King over Rice</i>	<i>Pepperoni Pizza</i>
VEGETABLE: Broccoli w/Cheese	VEGETABLE: Tossed Salad	VEGETABLE: Glazed Carrots	VEGETABLE: Steamed Broccoli	VEGETABLE: Mixed Vegetables
Corn	Italian Beans	Assorted Baked Chips	Corn	Ranch Style Beans
<i>Assorted Fruit</i>	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>	<i>Assorted Fruit</i>
<i>Chicken Burrito</i>	<i>Cheese Quesadilla</i>	<i>Ground Beef &amp; Spanish Rice</i>	<i>Chicken Fajitas</i>	<i>Cheese Pizza</i>
<i>Toasted Ham &amp; Cheese</i>	<i>Corn Dog</i>	<i>Cheese Burger</i>	<i>Toasted Turkey &amp; Cheese</i>	<i>Italian Hoagie</i>
<i>Cheese Mac &amp; Beef</i>	<i>Chili Dog w/Cheese</i>	<i>Ravioli</i>	<i>Cajun Chicken Wrap</i>	<i>Chicken Salad Sandwich</i>
SALAD: 3 Cheese	SALAD: Chef Salad	SALAD: Mandarin Chicken	SALAD: Crispy Chicken	SALAD: Taco Salad
<i>Chicken Fingers</i>	<i>Tamale Pie</i>	<i>Generals Chicken</i>	<i>Sweet 'N' Sour Beef</i>	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
<i>Sausage on a Stick</i>	<i>Waffles 'N' Sausage</i>	<i>Scrambled Eggs &amp; Ham</i>	<i>Breakfast Burrito</i>	<i>Donuts</i>
<i>PopTart</i>	<i>Banana Nut Muffin</i>	<i>Banana Nut Muffin</i>	<i>Pancake on a Stick</i>	<i>Banana Muffin</i>
Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal
Fruit, Juice or Milk	Fruit, Juice or Milk	Fruit, Juice or Milk	Fruit, Juice or Milk	Fruit, Juice or Milk
West ISD Food Services 801 N. Reagan St. West, TX 76691 (254)826-7504				Sweet Treats:
In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability.				Ice Cream Sandwich .75
To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY).				Fudgesicle .75
and employer."				Fruit Pop .75
Juice, *1% white, 1% chocolate & skim milk will be offered during meal service				Slushie .75
ADDITIONAL FRUIT, VEGETABLES AND BREAD WILL BE OFFERED WITH LUNCH				Sundae Cone 1.25
Paid Breakfast \$1.50 Reduced Breakfast \$.30 Adult Breakfast \$1.50				Bananasicle .75
Paid Lunch \$2.50, Reduced Lunch \$, 40, Adult Lunch \$3.00				Snickers Ice Cream Bar 1.25